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**A Hearty Welcome to our
Today's Chief Guest**

Rtn. B. Shekhar Shetty

Born on May 14, 1963, in Bijoor, Byndoor Taluk, he completed his degree at Bhandarkars' College, Kundapura, where he was an active student leader, theatre artist, and prize winning debater.

He began his career in banking, serving as Manager in Udupi and Dakshina Kannada districts and later as Assistant General Manager of Karnataka Vikas Grameena Bank across North Karnataka. He is currently the CEO of Puttur Town Bank, leading its administration.

A passionate Rotarian since 1993, he brings 33+ years of service:

- 1995-96: President, Rotary Club Byndoor - Best Club Award; achieved 100% membership growth.
- 2001-02: Assistant Governor, established 5 new clubs.
- Served three terms each as Membership Development Chairman and Club Extension Chairman.
- Holds district records: 868 new members, 15 new clubs (2003-04), and 14 new clubs (2018-19).
- A district trainer for 28 years and currently the District Governor's Advisor (2024-25).

Awards include the Vocational Excellency Award (Hyderabad Convention, Dist. 3150), All Avenues Service Award (Dist. 3181), and recognition as a Multiple Paul Harris Fellow.

He has authored two Rotary books, including the widely used President's Guide, now in its 6th edition.

Residing in Mangaluru, he is married to Jayashree S. Shetty, former Inner Wheel President. His elder daughter Akshatha is married to Dr. Ranjith Hegde, a leading pediatrician in Kundapura, and they have two children. His younger daughter Anvitha, former District Interact Representative (2010-11), works at Google.

Affectionately known across the district as "Shekharanna," he remains a respected pillar of Rotary.

PROGRAMME 24.02.2026 AT 07.00 PM

Chief Guest : Rtn. B. SHEKHAR SHETTY
Topic: Rotary for Greater Understanding

Ann & Annets invited

Dinner Meeting

Next meeting. 03. 03. 2026 AT 07.00 PM

Speaker meeting

Ann & Annets invited

WORLD UNDERSTANDING UNDER THE ROTARY MOVEMENT

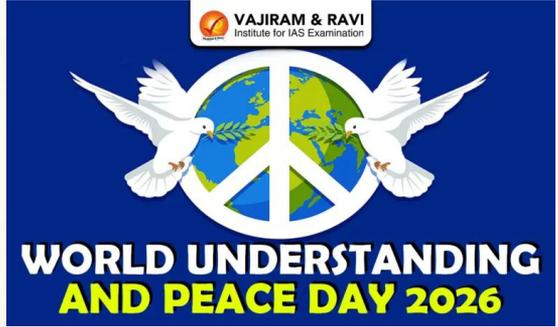
February is observed as Peace building and Conflict Prevention Month in the Rotary calendar. It is also a time to celebrate **World Understanding and Peace Day on February 23rd**, Rotary's anniversary. This month offers an excellent opportunity to highlight Rotary's global spirit and local impact.

Key Themes:

- 1. World Understanding Month** : Showcase partnerships with international Rotary clubs, Inter country Committees (ICCs), and youth exchange programs that promote global goodwill.
- 2. The Rotary Foundation** : Encourage contributions to the Annual Fund and support for Peace Fellowships.
- 3. Club Service Projects** : Feature ongoing hands on initiatives such as food bank support, literacy programs, environmental activities, & other "People of Action" efforts.
- 4. Membership & Fellowship** : Welcome new members, highlight member achievements, and promote upcoming fellowship gatherings.
- 5. Vocational Service** : Recognize members' professions and how they apply the Four Way Test in their daily work.
- 6. Local Community Impact** : Promote Rotary Day activities, invite local media to cover service projects, or encourage civic leaders to issue proclamations for Feb. 23rd.
- 7. Mental Health & Well being** : Share initiatives that support emotional wellness, aligning with Rotary's commitment to creating hope.

Ideas for February 2026

- Talent or Charity Events: Promote local talent shows or cultural programs that support fundraising.
- ShelterBox & Disaster Response: Provide updates on how the club is contributing to disaster relief efforts.
- Environmental Action: Highlight clean up drives, tree planting, or other activities leading up to April's Environmental Month.



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Proceedings of the Rotary Club Weekly Meeting - February 17, 2026

Agenda: Peace & Conflict Resolution Skills in Daily Life

Welcome - In the absence of President Rtn. Dr. M. S. Arun Kumar Shetty, President elect Rtn. Sudharshan Nayak warmly welcomed the chief guest and resource person, Rtn. Dr. Ajay R. Kamath, along with Rotarians, invitees, Anns, Annets, and guests. He highlighted the significance of February as a month dedicated to addressing conflict and promoting global peace.

Presentation Summary - Dr. Ajay R. Kamath traced the evolution of the concept of peace and conflict resolution. He noted that the interwar period and World War II resulted in massive loss of life-over 70,000 people-primarily young individuals, due to the ambitions of powerful nations. This prompted Paul Harris to include peace and conflict resolution as a core focus area in the Rotary charter.

Rotary's initiatives include:

- Peace Fellowship Programs (24 weeks) and Master's Programs (2-4 years) offered across nine countries. Since 2004, 170 fellowships have produced over 1,800 professionals now serving in various government sectors.
- The Positive Peace Approach in schools, which helps children understand the destructive impact of war.
- International exchange programs that foster happiness, empathy, and cross-cultural understanding.

He emphasized keeping religion and politics away from Rotary activities to prevent division and violence. He also identified poverty and hunger as major contributors to societal unrest.

Conflict Resolution in Daily Life - Conflict resolution involves active listening, empathy, and emotional regulation to handle disagreements constructively. These skills strengthen relationships, reduce stress, and prevent escalation.

Key Skills

- Listening fully to understand the speaker's perspective
- Managing emotions to remain calm and not defensive
- Practicing empathy by viewing situations from others' viewpoints
- Using "I" statements to express needs without blame
- Addressing issues rather than personal attributes
- Assertively communicating needs without aggression
- Taking breaks during high-tension moments to regain composure

Steps to Resolve Conflict

1. Acknowledge the issue rather than avoiding it.
2. Set the Scene in a neutral, private space
3. Listen and understand all viewpoints
4. Brainstorm solutions collaboratively
5. Follow up to ensure the solution is effective

Benefits - Developing these skills turns conflict into an opportunity for growth and contributes to a more harmonious personal and professional environment.

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Announcements

- Rotary Quiz Competition by RC Mangalore Central on February 27, 2026. Teams of two; last date for names: February 25, 2026.
- Rotary Yuva Treasure Hunt - 4 by RC Puttur on February 22, 2026, at Puttur.
- Proposal to conduct a picnic with an overnight stay at a beachside resort. Members and Anns are encouraged to participate.

Member Recognition

- Rtn. Dr. PrabhaAdhikari received the National Research Award (December 2025) from Treenethra Foundation for her research titled "Humanism & Well being: Vajpayee Vision-A Corporate Lens Through Yoga in Elder Care and Parkinsonism."
- Rtn. RamanandPai won SAP HM ribbons and a cash award at the Sigma Academy of Photography in the Indian Wedding Photography Contest, Hyderabad.
- Rtn. Dr. K. E. Prakash served as Chief Guest for the School Day Celebration of Kanaka VidyaSamasthe (R), Shimoga, on February 13, 2026.

Birthday & Anniversary Wishes - Rotarians, Anns, Annets, and their families celebrating birthdays and anniversaries were warmly greeted.

Acknowledgments - Invocation: Rtn.PundalikShenoy, **Introduction of Chief Guest:** Rtn. T. G. Shenoy, **Vote of Thanks:** Rtn. GopalkrishnaUdupa

Closing - The meeting concluded with the National Anthem, followed by a fellowship dinner sponsored by Rtn. MadhavNayak and Rtn. Dinesh Kamath.

Always notice the people who are happy for your happiness, and sad for your sadness. They're the ones who deserve special places in your heart.

True people & Wellwishers in our life are just like STARS... They constantly shine.. But.. Often we don't see them until the dark hours come in our life.

HAPPY BIRTHDAY



Rtn T G Shenoy 20th Feb



Rtn J V Shetty, 23rd Feb

Annet Joshil D/o Rtn. Yogish Kumar, 21st Feb.



Rtn. Raghavan with Rtn. Sivaprakasam and Rtn Mohana Sundaram at Rotary Club of Erode Central, Erode



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